

DEPARTMENT OF THE ARMY
HEADQUARTERS, XVIII AIRBORNE CORPS AND FORT BRAGG
FORT BRAGG, NORTH CAROLINA 28318



NORTH CAROLINA RETIRED ARMY PERSONNEL BULLETIN

SUMMER / FALL 2004

FORT BRAGG RETIREE APPRECIATION DAYS

17 and 18 September 2004

Lieutenant General John R. Vines, Commanding General XVIII Airborne Corps and Fort Bragg invites all Army Retirees to participate in the 2004 Retiree Appreciation Days. Activities will kick-off with the Retiree Golf Tournament at Ryder Golf Course Friday morning. The Officers' Club will be the site for the Welcome Social/Dinner Friday evening. Saturday's activities consisting of Medical and Dental Screening, Legal Services, and TRICARE Briefings will take place at Womack Army Medical Center. Other services including ID card issue and Vehicle Registration will also be available.

On behalf of the Army Retirees, we wish to express our thanks and appreciation to all unit commanders, activity directors, their soldiers and civilian employees whose efforts make Retiree Appreciation Days possible. A special "thank you" to the primary sponsors, the 18th Soldier Support Group (Abn) and Womack Army Medical Center.

Donald Latella
Colonel, USA, Retired

Lawrence L. Law
Sergeant Major, USA Retired

Co-Chairmen, North Carolina Army Retiree Council

WOMACK ARMY MEDICAL CENTER

The staff of Womack Army Medical Center (WAMC) is working diligently to make Retiree Appreciation Day activities a "one-stop shopping" event that is not only convenient, but also informative and a pleasure. They are committed to making sure you get the most out of your visit.

On Saturday, September 18, events are scheduled to take place at WAMC from 8:00 a.m. to 3:00 p.m. WAMC will offer a variety of free health and information services to military eligible retirees. TRICARE, "Your Military Healthcare System" briefings will be conducted at 9:00 a.m. and 1:30 p.m. on the west side (Orthopedics entrance) of the medical center. Information booths will also provide health and wellness information to include: cardiovascular risk reduction, tobacco cessation, men's

health, women's health, diabetes, skin cancer prevention, and other health-related topics. Nutritional information, medication information/drug interaction and TRICARE information will also be available for visitors. Retirees are encouraged to bring in all of their medications for review.

Other services will include: hearing screenings, eye exams, prostate screenings, breast exams, dental exams and cholesterol screenings for military retirees and their spouse. Transportation will be provided from WAMC to the Vehicle Registration Center located on Randolph Street at Bragg Boulevard and the ID Card Facility located in the Soldier Support Center.

For more information on Retiree Appreciation Day, please call your Retirement Services Office at (910) 396-8591/5304 or toll-free 1-800-535-6067.

AGENDA FOR RETIREE APPRECIATION DAYS 2004

FRIDAY, 17 SEPTEMBER

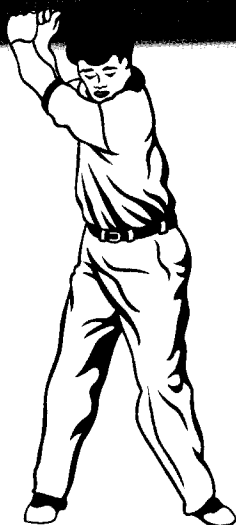
<u>TIME</u>	<u>EVENT</u>		<u>LOCATION</u>
8:00 a.m. - 4:30 p.m. 2:00 p.m. - 4:00 p.m.	Retiree Golf Tournament NC Army Retiree Council Meeting	Mr. Robert Taylor, Golf Pro COL (R) Latella, Co-Chairman SGM (R) Law, Co-Chairman	Ryder Golf Course Fort Bragg Officers' Club (STRAC Lounge)
6:00 p.m. - 7:00 p.m. 7:00 p.m. - 9:00 p.m.	Welcome Social Dinner		Fort Bragg Officers' Club (LaFayette Room)

SATURDAY, 17 SEPTEMBER

<u>TIME</u>	<u>EVENT</u>		<u>LOCATION</u>
6:30 a.m. - 8:30 a.m. 8:30 a.m. - 8:40 a.m. 8:45 a.m. - 9:45 a.m.	Breakfast (MKT) Welcome TRICARE Briefing	19th Replacement Company Commander, WAMC WAMC Staff	Womack Army Medical Center (Parking Lot) Womack Army Medical Center (Parking Lot)
11:30 a.m. - 1:00 p.m.	LUNCH (optional)		Womack Army Medical Center (Dining Facility or Snack Bar as desired)
1:30 p.m. - 2:30 p.m.	TRICARE Briefing	WAMC Staff	Womack Army Medical Center (Parking Lot)
Services available from 8:30 a.m. - 3:00 p.m.	SERVICES Medical Services Optometry screenings Prostate exams and PSA screenings Vacular, Blood pressure, and cholesterol screenings Audiology screenings Breast exams and mammograms Physical Therapy education Pharmacy counseling Nutrition counseling Information handouts	WAMC Staff	Womack Army Medical Center
NOTES: Representatives from various Military Associations, Clubs, and the Armed Forces Retirement Home will be available at WAMC throughout the day.			
RAD Packets, Displays and Handouts Available	Dental Services Oral screenings, Dental Health checks and Information handouts	DENTAC Staff	Womack Army Medical Center (2nd Floor)
Shuttle bus from WAMC to: Post Exchanges 82d Airborne Division Museum JFK Museum Airborne & Special Operations Museum	Staff Judge Advocate Powers of Attorney and Wills Vehicle Registration ID Cards	SJA Staff Public Safety 18th SSG (Abn)	Womack Army Medical Center (Pediatric Clinic) Information Booth Randolph St. & Bragg Blvd. Soldier Support Center Bldg. 4-2843 Normancy Drive

RETIREE GOLF TOURNAMENT

The Fort Bragg Retiree Appreciation Days Golf Tournament will be conducted at Ryder Golf Course, Friday, September 17, 2004, from 9:00 a.m. to 3:00 p.m. Show time is 8:00 a.m. The shotgun start is at 9:00 a.m. The format for the tournament is "Captain's Choice." Four person teams will be randomly formed based on handicap and current USGA Index. No team registration is allowed. The entry fee is \$29.00 per person. Greens Fee, cart, range balls, prizes, and food (hamburgers, hot dogs, baked beans, cole slaw, coffee and



tea) are included. Registration cutoff is September 15, 2004.

Please provide the information requested on the reservation form (page 6) and send your check / money order or your MWR Credit Card number. All reservations must be processed through the Retirement Services Office. Tournament information may be obtained by dialing (910) 907-GOLF.

Ryder Golf Course is located directly behind the Fort Bragg Officers' Club.

RETIREE DINNER

The Retiree Appreciation Days Social, and Welcome/Dinner will be held Friday evening at the Officers' Club in the Lafayette room. The social hour (no host bar) is from 6:00 to 7:00 p.m. Dinner will be served at 7:00 p.m. Reservations must be received NLT September 15, 2004. Please provide the information requested on the reservation form (page 6) and send check / money order or if you prefer, your Credit Card Number (AMERICAN EXPRESS, VISA, MASTERCARD, OR MWR) to your Retirement Services Office.

Dinner Menu Choices

Menu #1
Beef Filet (5 oz.)
Served with scallion-mushroom sauce,
a savory maitre'd hotel butter
Washington State Baby Red Potatoes
Green Beans Almandine
Salad with House Dressing
Bread, Butter
Iced Tea or Coffee

\$15.90 per person

Menu #2
Chicken Cordon Bleu
Breast of chicken filled with
sugar cured ham and
American cheeses,
lightly breaded, baked to a
perfect juicy goodness
and served with mouth watering
morning garden sauce
Washington State Red Potatoes
Green Beans Almandine
Salad w/House Dressing
Bread, Butter
Iced Tea or Coffee.

\$14.95 per person

Menu #3
Vegetable Dish
Served with...
Salad w/House Dressing
Bread, Butter
Iced Tea or Coffee
**Catering to your
Individual needs, the
Vegetable Dish
is available at
a cost of**

\$13.85 per person

Dessert: Peach Cobbler • Each Menu includes Iced Tea • Coffee is Available

ID CARD FACILITIES

The Installation ID Card Facility (IDCF) is located in the Soldier Support Center on Normandy Drive. The Hours of operation are: Monday, Tuesday, Wednesday and Friday from 9:00 a.m. to 5:00 p.m. -- Thursday from 9:00 a.m. to 7:00 p.m. -- Saturday from 9:00 a.m. to 12:00 p.m. The telephone numbers for information and/or assistance are 910-396-9339 or 396-8811. The e-mail address is warrend@bragg.army.mil. If you live outside the immediate Ft Bragg area always call before making a trip to the IDCF to ensure there has not been a temporary change in operating hours because of a federal or training holiday or event.

Charlotte, NC: The 108th Division ID Card Facility at the Army Reserve Center, 1330 Westover Street, Charlotte, NC 28205 will issue ID cards to eligible retirees and their family members. The facility is open Monday through Friday 1:00 to 4:00 p.m. It is recommended to call prior to 1:00 p.m. the day you plan to go to ensure you have proper documentation. The telephone number is 704-342-5108.

Raleigh, NC: The ID Card Facility in Raleigh is located in the NC Army National Guard HQ on 4105 Reedy Creek Road. The hours of operation are Monday through Friday from 8:30 - 11:00 a.m. and from 1:00 - 3:00 p.m. For appointments call 919-664-6250 or FAX 919-664-6312.

Asheville, NC: The ID Card Facility in Asheville is located in the Navy Reserve Center at 721 Merrimon Ave, Asheville, NC 28804. ID Card issuance and renewal service is available on a walk-in basis on Tuesdays and Thursdays, from 9:00 a.m. to 11:00 a.m. The telephone number is 828-271-4297.

Winston-Salem, NC: The ID Card Facility in Winston-Salem is located in the National Guard Armory. The address is Hqs, 105th Engineer Group, ATTN: ID Card Center, 2000 Silas Creek Parkway, Winston-Salem, NC 27103. The hours of operation are Monday through Friday from 8:30 a.m. to 3:30 p.m. The telephone number is 336-761-5512.

Fort Bragg / RAD 2004 Map

LEGEND

- 1 South Post Mall
- 2 North Post Mall
- 3 Mini Mall
- 4 Service Station
- 12 Womack AMC
- 20 Soldier Support Center
- 21 Officers' Club
- 21 Ryder Golf Course

